

# **SOLUTIONS Counseling Privacy Policy**

# **Confidentiality and Privacy Policy**

At SCRS, we prioritize your confidentiality and privacy. As clinicians, we adhere to ethical standards that require us to maintain the confidentiality of our therapeutic relationship. Here's how we handle your information:

# Confidentiality

- **General Confidentiality:** All communications between you and your clinician are confidential. We do not disclose any information about your treatment without your explicit written authorization, except in specific circumstances mandated by law.
- Legal Exceptions: There are legal exceptions where we may be required to disclose information without your consent, such as in cases involving suspected child abuse, elder abuse, or threats of serious harm to oneself or others.

#### **Consultations and Supervision**

- **Professional Consultations:** We may consult with other professionals about your case for clinical purposes. We take precautions to ensure your identity remains confidential during these consultations.
- **Supervision and Training:** Some of our clinicians are in training under supervision. This may involve observing sessions or co-facilitating therapy. Rest assured, all team members adhere to confidentiality standards and contribute to your care as part of our collective mental health approach.

#### **Treatment Records**

• **Record Keeping:** We maintain appropriate treatment records as required by law and professional standards. You have the right to request access to your records in writing, though we may recommend reviewing them together to address any concerns or questions.

# **Client Consent**

• Agreement: Your signature indicates that you have read and agree to abide by the terms outlined in this confidentiality and privacy policy during our professional relationship.

This policy ensures transparency about how we handle your information while emphasizing our commitment to safeguarding your privacy. If you have any questions or concerns, please do not hesitate to discuss them with us.

# **Client Name (Printed)**

#### **Client Signature/Date.**



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